

Any Questions?

If you have questions about any aspect of the specimen collection or shipping process, please feel free to contact us:



Phone | our friendly customer service team is available Monday through Friday 8am-5pm CST at 800-288-0383



Email | CustomerService@MosaicDX.com

For online instructions
use the QR code or visit
mosaicdx.com/instructions



MOSAIC
DIAGNOSTICS

Collection Instructions: Urine – Kryptopyrrole

Your practitioner requested that you perform this test because urine carries critical insights into how your body is working. It is also relatively abundant and easy to collect. Mosaic Diagnostics is here to help you take this next step.

Test Kit Contents

Start by identifying these elements of your test kit.

If you are missing or have expired components contact Mosaic Customer Service at 800-288-0383.



Test kit
box



Clear biohazard
zip-lock bag



Collection cup



Silver thermo
bag



Absorbent
packing sheet



Shipping
laboratory pak



Ice pack
(place flat in freezer
immediately)



Amber vial

Precaution: Keep the kit contents out of the reach of children and pets. Do not spill preservative fluid in the vial(s) and avoid contact with skin or eyes. For eye contact flush with water thoroughly for 15 minutes. For skin contact wash thoroughly with soap and water. For accidental ingestion contact poison control immediately. www.mosaicdx.com/sds

Before You Start:

Plan to collect your first morning urine sample.

- Limit fluid intake after 6:00 pm the night prior to collection.
- Prior to bed, empty your bladder. Upon waking, collect your urine prior to eating or drinking. **Ensure that it has been at least 6 hours since you emptied your bladder.**
- A diluted urine sample may be inadequate for sample analysis and be rejected.
- Samples that are visibly contaminated with blood (red, pink, or brown in color) will be rejected.

Consult your healthcare provider before stopping any medications. Discontinuing supplements three days prior to specimen collection is recommended unless otherwise directed by your provider.

Samples must be shipped on a **Monday through Thursday** (outside the US, Monday or Tuesday). If you collect on the weekend, hold until Monday to ship.

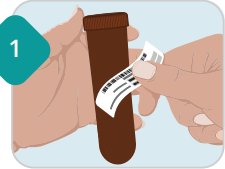
Preparing For Your Test

A minimum of 10 mL of urine is required for each test ordered.

Important: Do not discontinue any medications or supplements without first consulting your healthcare practitioner.

Test	Requirements
Kryptopyrrole 	If this is your first time testing for pyrroles, discontinue taking any B6 or Zinc one week prior to collecting specimen. If currently under treatment for pyrrroluria, continue taking vitamin B6 and Zinc.

Let's Get Started



1 Complete the information on the barcode sticker AND the Amber vial by writing the patient name, date of birth, and collection date.

Place the barcode sticker on the Amber vial, ensuring information written on the container(s) is visible. Use blue or black ink from a ball-point pen - do not use felt-tipped pens or dry-erase markers. **Note: Unlabeled samples will be rejected.**

2 Collect a first morning urine specimen in the collection cup.

3 **After Collection:** Pour urine into the amber vial with ascorbic acid additive labeled "Kryptopyrrole" until it is no more than three-quarters full. Screw lid on tightly. Invert vial 10 times. **Immediately freeze until ready to ship.** Ship with frozen gel pack.

Preparing the Package

1

Ensure that frozen specimen is labeled and tightly sealed. Check the box on the barcode label to indicate it has been frozen.



Amber vial

2

Place frozen specimen and absorbent packing sheet into the biohazard ziplock bag and seal.



+



→



3

Place the sealed biohazard zip-lock bag and frozen ice pack into the silver thermo bag and seal.



+



→



4

Place the filled silver thermo bag into the test kit box and close the lid.



+



→



Locate the shipping instruction card for details on how to ship.

Your test results will be delivered to your practitioner within 2 to 3 weeks after the sample(s) are received at Mosaic Diagnostics.

It will be up to your healthcare practitioner to review the results with you, identify any areas of interest or concern, and work with you to lay out the appropriate next steps. Mosaic Diagnostics personnel cannot discuss test results directly with patients or their family members.