

Any Questions?

If you have questions about any aspect of the specimen collection or shipping process, please feel free to contact us:



Phone | our friendly customer service team is available Monday through Friday 8am-5pm CST at 800-288-0383



Email | CustomerService@MosaicDX.com



MOSAIC
DIAGNOSTICS

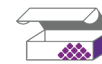
Collection Instructions: Urine - Kryptopyrrole

Your practitioner requested that you perform this test because urine carries critical insights into how your body is working. It is also relatively abundant and easy to collect. Mosaic Diagnostics is here to help you take this next step.

Test Kit Contents

Start by identifying these elements of your test kit.

If you are missing or have expired components contact Mosaic Customer Service at 800-288-0383.



Test kit box



Clear biohazard zip-lock bag



Collection cup



Silver thermo bag



Absorbent packing sheet



Shipping laboratory pak



Ice pack
(place flat in freezer immediately)



Amber vial

For online instructions use the QR code or visit mosaicdx.com/instructions



Before You Start:

Plan to collect your first morning urine sample.

- Limit fluid intake after 6:00 pm the night prior to collection.
- Prior to bed, empty your bladder. Upon waking, collect your urine prior to eating or drinking. **Ensure that it has been at least 6 hours since you emptied your bladder.**
- A diluted urine sample may be inadequate for sample analysis and be rejected.
- Samples that are visibly contaminated with blood (red, pink, or brown in color) will be rejected.

Consult your healthcare provider before stopping any medications. Discontinuing supplements three days prior to specimen collection is recommended unless otherwise directed by your provider.

Samples must be shipped on a **Monday through Thursday** (outside the US, Monday or Tuesday). If you collect on the weekend, hold until Monday to ship.




MOSAIC
DIAGNOSTICS

Preparing For Your Test

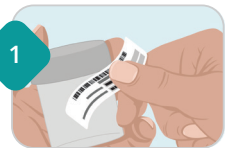
A minimum of 10 mL of urine is required for each test ordered.

Important: Do not discontinue any medications or supplements without first consulting your healthcare practitioner.

| Test | Requirements |
|---|---|
| Kryptopyrrole  | <p>If this is your first time testing for pyrroles, discontinue taking any B6 or Zinc one week prior to collecting specimen.</p> <p>If currently under treatment for pyrroluria, continue taking vitamin B6 and Zinc.</p> |

After Collection: Pour urine into the amber vial with ascorbic acid additive labeled "Kryptopyrrole". Screw lid on tightly. Invert vial 10 times. **Immediately freeze until ready to ship.** Ship with frozen gel pack.

Let's Get Started



1

Complete the information on the barcode sticker AND the specimen container(s) by writing the patient name, date of birth, and collection date. Disregard "Medical Records Number".

Place the barcode sticker on the specimen container(s), ensuring information written on the container(s) is visible. Use blue or black ink from a ball-point pen - do not use felt-tipped pens or dry-erase markers. **Note: Unlabeled samples will be rejected.**

2

Collect a first morning urine specimen and see the table above for storage instructions.

Preparing the Package

1

Ensure that frozen specimen(s) are labeled and tightly sealed. Check the box on each to indicate it has been frozen.



Collection cup
+ any other test
vials or cups



Ice pack

2

Place frozen specimen cup and vial(s) and absorbent packing sheet into the biohazard ziplock bag and seal.



+



→



3

Place the sealed biohazard zip-lock bag and frozen ice pack into the silver thermo bag and seal.



+



→



4

Place the filled silver thermo bag into the test kit box and close the lid.



+



→



Locate the shipping instruction card for details on how to ship.

Your test results will be delivered to your practitioner within 5 to 10 business days after the sample(s) are received at Mosaic Diagnostics.

It will be up to your healthcare practitioner to review the results with you, identify any areas of interest or concern, and work with you to lay out the appropriate next steps. Mosaic Diagnostics personnel cannot discuss test results directly with patients or their family members.