CASE STUDY Organic Acids Test (OAT) + Mold + Environmental Toxin Testing Transforms Ginger's Toxic Burden

Ginger is a 39-year-old female who presented with complaints of PCOS, irregular periods, depression, and weight gain.

PATIENT OPPORTUNITY

Ginger was living and working on an organic farm as a chef when she began seeking answers for her chronic issues. She had complaints of PCOS, irregular periods, depression, weight gain of 20 pounds in the past two months, prediabetes, and waking up achy.

APPROACH

Ginger received a full blood panel and was also tested using MosaicDX's urine toxicity tests for mold, glyphosate, and heavy metals, as well as the Organic Acids Test (OAT). Her blood tests were unremarkable; however, her glyphosate level was in the 75th percentile. She had significant levels of both lead and mercury, along with two mold toxins. The OAT revealed intestinal fungal overgrowth and a significant need for methylation support due to toxic exposure. Genetic testing showed an MTHFR mutation.

She was treated with low-dose naltrexone for suspected Hashimoto's thyroiditis. Her detox protocol included oral phosphatidylcholine, liposomal glutathione, methyl B12 and methyl folate, Biocidin, and Ultra Binder.

RESULTS

Ginger had seen multiple doctors over several years for most of her symptoms and was always told nothing was wrong. Within weeks of beginning treatment, she felt significantly less inflammation throughout her body. She lost 20 pounds in three months, and six months into her detox protocol, she felt better than she had in years and was considering trying for pregnancy. Seven months after treatment began, her glyphosate level was undetectable, all mold toxins were gone, and her fungal dysbiosis had resolved.

Had she not undergone comprehensive OAT and toxicity testing, she never would have suspected her toxic burden—and would have continued to suffer needlessly.



Gail King, MD drgailking.com

"The miraculous progress we were able to achieve over a sevenmonth time frame has completely turned her life around... Without comprehensive Organic Acids (OAT) plus the MycoTOX and Metals testing, she never would have known about her toxic burden, given her healthy lifestyle and work environment."

ABOUT GINGER

39-Year-Old Female

Symptoms:

PCOS Irregular periods Depression Significant weight gain Prediabetes Aches and pains

"Ginger had seen multiple [conventional] doctors over multiple years and was always told nothing was wrong. Without comprehensive OAT and toxicity [MycoTOX, Glyphosate, and Metals] testing, she never would have known about her toxic burden, given her healthy lifestyle and work environment."



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