



## Discover the Power of Personalized Functional Medicine Testing

Imagine a testing approach designed to help you understand how your body reacts to everyday foods. With MosaicDX's IgG Food MAP, you gain a personalized look into your food sensitivities. This test not only pinpoints potential triggers but also empowers you to make informed decisions about your diet—leading to improved overall wellness and a more energetic life.



## MosaicDX Makes Testing Simple and Convenient with an Easy At-Home Dried Blood Spot

Open your Sample Collection Kit and follow these **3 easy steps**:

- 1. Collect Your Sample:**  
Follow the visual step-by-step instructions located inside your test kit.
- 2. Return Your Kit:**  
Follow the shipping instruction card and utilize the prepaid label for hassle-free return process
- 3. Log in to Portal:**  
To view your easy-to-understand test results  
[MosaicDX.com/portal/login/patient](https://MosaicDX.com/portal/login/patient)



Visit [MosaicDX.com](https://MosaicDX.com) for more resources  
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 **IgG Food MAP**  
WITH CANDIDA + YEAST

## Redefining the Standard in IgG Food Sensitivity Testing



## Why Use the IgG Food MAP?

Experiencing unexplained symptoms like gas, bloating, headaches, skin rashes, or fatigue? The IgG Food MAP may offer the answers you need.

### IgG Food MAP Test highlights:

- **Comprehensive Coverage:**  
Screens a wide variety of food groups
- **Evidence-Based Accuracy:**  
Developed with data from over 79,000 worldwide samples
- **Efficient and Eco-Friendly:**  
Utilizing innovative technology, the IgG Food MAP delivers faster results while reducing plastic waste

## What is the IgG Food MAP?

The IgG Food MAP is a comprehensive food sensitivity test that checks your immune response to 190 common foods, herbs, and spices from diets around the world—including Western, Asian, and Mediterranean cuisines. It also includes evaluation for *Candida albicans*, and *Saccharomyces cerevisiae* (Yeast). Available in both serum and dried blood spot (at-home) formats, the test is designed to be both convenient and reliable.

## MosaicDX's IgG Food MAP

Experience the relief and improved health that comes from understanding and addressing the true source of your discomfort.



**Unsolved Symptoms:** ongoing symptoms can feel like an unsolvable puzzle



**Clear Insights:** Learn about your unique food sensitivity



**Embrace the journey** to better health with personalized insights



Scan QR code now to learn more about our IgG Food MAP®

## Ask your practitioner if you are a candidate for a IgG Food MAP.

### Are you experiencing any of the following?

- GI Upset – Gas, Bloating, Diarrhea
- Skin Rash, Itching

### Associated conditions and diseases:

- ADHD
- Asthma
- Autism Spectrum
- Celiac, Crohn's Disease
- Depression
- Eczema
- Headaches/Migraines
- IBD/IBS
- Ulcerative Colitis
- Weight Gain, Obesity