

Any Questions?

If you have questions about any aspect of the specimen collection or shipping process, please feel free to contact us:



Phone | our friendly customer service team is available Monday through Friday 8am-5pm CST at 800-288-0383



Email | CustomerService@MosaicDX.com



Collection instructions for H. Pylori or Zonulin Test

Before You Start:

Please read all of the directions, and familiarize yourself with the collection procedures. If you are taking antifungal or antibiotic medications, finish the course of medication, and then wait three days before starting this collection. Refrain from taking digestive enzymes, antacids, and aspirin for two days prior to and during the specimen collection, unless otherwise instructed by your physician. Never discontinue prescription medications without first consulting your physician.

VERIFY KIT CONTENTS:



Test Kit Box



Disposable gloves



Ice pack



Clear biohazard zip-lock bag



Collection tray



White-capped vial



Absorbent packing sheet



Silver thermo bag



Shipping Laboratory Pak

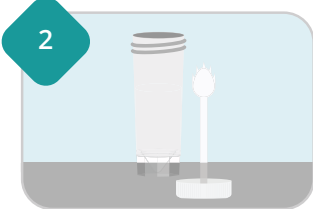
Save the cardboard collection kit box to ship your sample back to the laboratory.



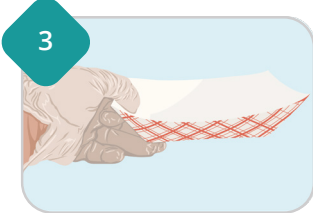
Let's Get Started



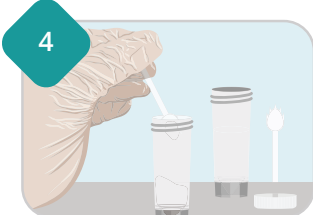
1 **Locate and complete the barcode sheet in your test kit.** Place barcode sticker on the vial. Be sure that the information is legible and includes the collection date, time, and that the name matches what was provided on the test order.



2 Open the vial and set aside on a stable surface where you will be able to access once you have obtained your sample.



3 Put on a glove and gather your specimen in the collection tray. **Do not allow urine or water to touch sample.**



4 Add bits of your sample to the vial using the spoon attached to the lid, taking pieces from different parts of the specimen until it reaches the fill line.



5 **Seal the vial and place in freezer for a minimum of 6 hours.**



6 Dispose of remaining specimen and collection materials. Do not flush the tray

Preparing the Package

Ensure that the sample has the completed barcode sticker and that the name matches what was provided on the test order.

1 Locate the clear biohazard zip-lock bag, silver thermos bag, white-topped vial, ice pack, absorbent packing sheet, and test kit box.

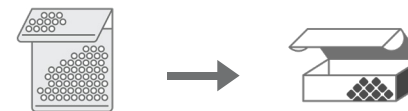
2 **Place the frozen white-topped vial into the clear biohazard zip lock bag and seal it.**



3 **Place the clear biohazard zip-lock bag and the frozen ice pack into the silver thermo bag.**



4 **Seal the silver thermo bag and place in the test kit box.**



5 **Locate the shipping instruction card included in your test kit for details on how to ship your collection(s).**