

# **Test Details**

#### Sample Type: Urine Collection Location: At Home

The MycoTOX Profile® provides a comprehensive evaluation of the most prevalent and harmful mycotoxins (toxins produced by mold).



- Do not collect your sample while menstruating.
- You will collect your sample **upon waking, before eating or drinking.**

The Mosal

- Freeze your sample before shipping.
- Ship your sample Monday-Thursday. For **international shipments**, ship Monday-Wednesday.

### **Collection Preparation**

- If you are taking mycophenolate mofetil (CellCept/Mycofortic), check the appropriate box on the requisition form.
- Fasting for 12 hours before sample collection may enhance mycotoxin detection and test sensitivity
- Complete the barcode sheet from your test kit, affixing a barcode sticker to each sample.
  - Verify that the information is legible and includes the collection date and a matching name for the test order.
  - Samples lacking a complete name and labels will be rejected.

- Avoid taking the following at least three days prior to collection:
  - Do not discontinue any medications or supplements without first consulting your healthcare provider.





Bentonite Clay or similar binders

• Review inlcuded shipping instructions.

## Any Questions?

If you have questions about any aspect of the specimen collection or shipping process, please feel free to contact us:



**Phone |** our friendly customer service team is available Monday through Friday 8am-5pm CST at 800-288-0383







Charcoal



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