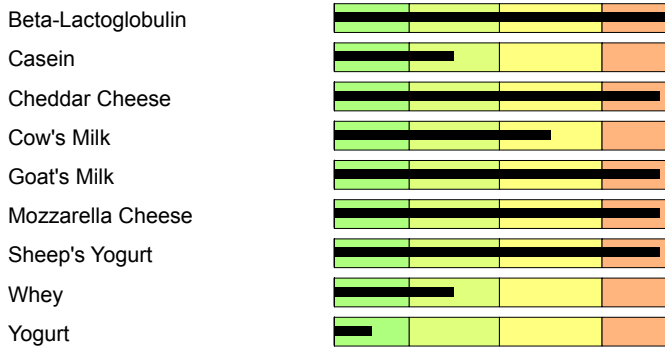


Requisition #: 9900001
Patient Name: Report Sample
Date of Birth: Apr 10, 2005
Gender: M

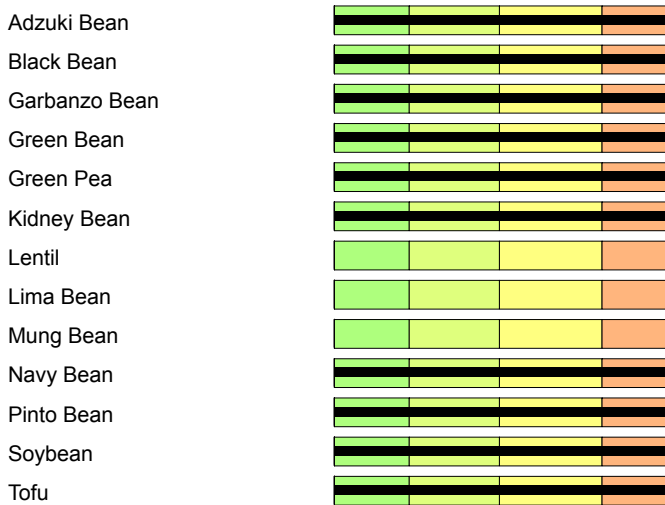
Practitioner: NO PHYSICIAN
Date of Collection: Dec 1, 2022
Time of Collection: Not Given
Report Date: Jun 1, 2023

IgG Food MAP (190) - DBS

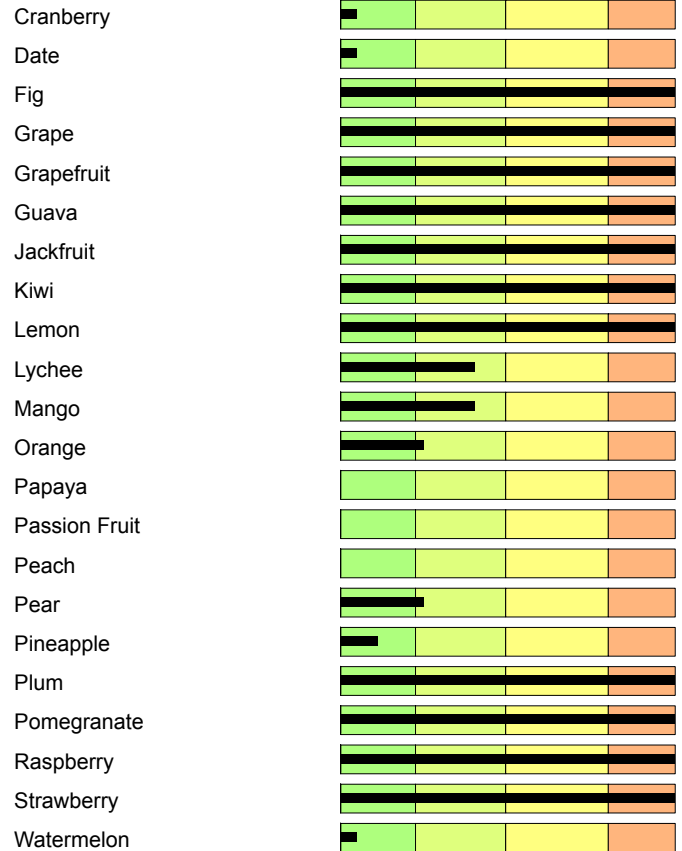
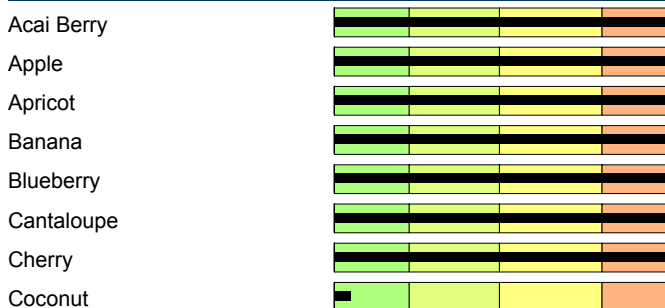
Dairy



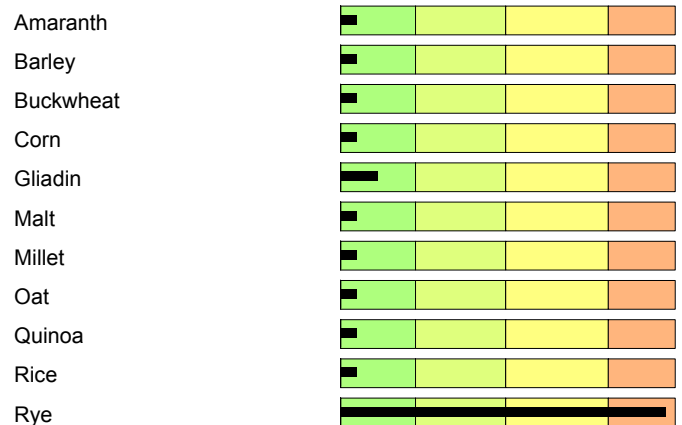
Beans and Peas



Fruits



Grains



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IgG Food MAP (190) - DBS

Grains Continued

Sorghum	
Teff	
Wheat Gluten	
Whole Wheat	

Fish/Seafood

Abalone	
Anchovy	
Bass	
Bonito	
Codfish	
Crab	
Halibut	
Jack Mackerel	
Lobster	
Octopus	
Oyster	
Pacific Mackerel (Saba)	
Pacific Saury	
Perch	
Red Snapper	
Salmon	
Sardine	
Scallop	
Shrimp	
Small Clam	
Squid	
Tilapia	
Trout	
Tuna	

Meat/Fowl

Beef	
Chicken	

Duck	
Egg White	
Egg Yolk	
Goose	
Lamb	
Pork	
Turkey	

Nuts/Seeds

Almond	
Brazil Nut	
Cashew	
Chestnut	
Chia Seed	
Flax Seed	
Hazelnut	
Hemp Seed	
Macadamia Nut	
Peanut	
Pecan	
Pine Nut	
Pistachio	
Pumpkin Seed	
Sesame Seed	
Sunflower Seed	
Walnut	

Vegetables

Artichoke	
Asparagus	
Avocado	
Bamboo Shoot	
Bean Sprout	
Beet	
Bell Pepper	

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Patient Name: Report Sample
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Gender: M

Practitioner: NO PHYSICIAN
Date of Collection: Dec 1, 2022
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IgG Food MAP (190) - DBS

Vegetables Continued

Bitter Gourd	██████████	██████████	██████████	██████████
Broccoli	██████████	██████████	██████████	██████████
Brussel Sprout	██████████	██████████	██████████	██████████
Burdock Root	██████████	██████████	██████████	██████████
Cabbage	██████████	██████████	██████████	██████████
Carrot	██████████	██████████	██████████	██████████
Cauliflower	██████████	██████████	██████████	██████████
Celery	██████████	██████████	██████████	██████████
Chili Pepper	██████████	██████████	██████████	██████████
Cucumber	██████████	██████████	██████████	██████████
Eggplant	██████████	██████████	██████████	██████████
Enoki Mushroom	██████████	██████████	██████████	██████████
Garlic	██████████	██████████	██████████	██████████
Kale	██████████	██████████	██████████	██████████
Leek	██████████	██████████	██████████	██████████
Lettuce	██████████	██████████	██████████	██████████
Lotus Root	██████████	██████████	██████████	██████████
Napa Cabbage	██████████	██████████	██████████	██████████
Olive (Green)	██████████	██████████	██████████	██████████
Onion	██████████	██████████	██████████	██████████
Portabella Mushroom	██████████	██████████	██████████	██████████
Potato	██████████	██████████	██████████	██████████
Pumpkin	██████████	██████████	██████████	██████████
Radish	██████████	██████████	██████████	██████████
Seaweed Kombu Kelp	██████████	██████████	██████████	██████████
Seaweed Nori	██████████	██████████	██████████	██████████
Seaweed Wakame	██████████	██████████	██████████	██████████
Shitake Mushroom	██████████	██████████	██████████	██████████
Spinach	██████████	██████████	██████████	██████████
Sweet Potato	██████████	██████████	██████████	██████████
Tomato	██████████	██████████	██████████	██████████
Yam	██████████	██████████	██████████	██████████
Yellow Squash	██████████	██████████	██████████	██████████

Yuca	██████████	██████████	██████████	██████████
Zucchini	██████████	██████████	██████████	██████████

Herbs/Spices

Basil	██████████	██████████	██████████	██████████
Bay Leaf	██████████	██████████	██████████	██████████
Black Pepper	██████████	██████████	██████████	██████████
Cayenne Pepper	██████████	██████████	██████████	██████████
Cilantro	██████████	██████████	██████████	██████████
Cinnamon	██████████	██████████	██████████	██████████
Cloves	██████████	██████████	██████████	██████████
Cumin	██████████	██████████	██████████	██████████
Curry	██████████	██████████	██████████	██████████
Dill	██████████	██████████	██████████	██████████
Ginger	██████████	██████████	██████████	██████████
Hops	██████████	██████████	██████████	██████████
Mint	██████████	██████████	██████████	██████████
Miso	██████████	██████████	██████████	██████████
Mustard Seed	██████████	██████████	██████████	██████████
Oregano	██████████	██████████	██████████	██████████
Paprika	██████████	██████████	██████████	██████████
Rosemary	██████████	██████████	██████████	██████████
Sage	██████████	██████████	██████████	██████████
Tarragon	██████████	██████████	██████████	██████████
Thyme	██████████	██████████	██████████	██████████
Turmeric	██████████	██████████	██████████	██████████
Vanilla Bean	██████████	██████████	██████████	██████████

Miscellaneous

Bromelain	██████████	██████████	██████████	██████████
Cane Sugar	██████████	██████████	██████████	██████████
Cocoa Bean	██████████	██████████	██████████	██████████
Coffee	██████████	██████████	██████████	██████████
Green Tea	██████████	██████████	██████████	██████████
Honey	██████████	██████████	██████████	██████████

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Date of Collection: Dec 1, 2022
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IgG Food MAP (190) - DBS

Miscellaneous

Continued

Meat Glue				
Oolong Tea				

Reactivity Summary

High

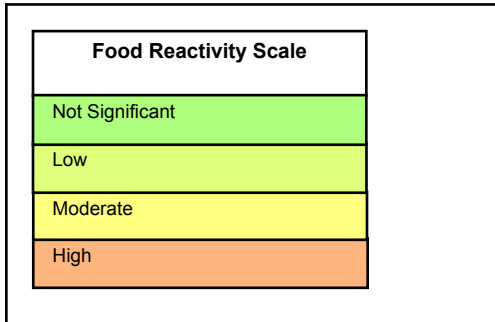
Acai Berry	Adzuki Bean	Apple
Apricot	Bamboo Shoot	Banana
Basil	Bay Leaf	Bean Sprout
Beet	Bell Pepper	Beta-Lactoglobulin
Black Bean	Blueberry	Broccoli
Bromelain	Cabbage	Cane Sugar
Cantaloupe	Cheddar Cheese	Cherry
Cocoa Bean	Coffee	Egg Yolk
Fig	Garbanzo Bean	Goat's Milk
Goose	Grape	Grapefruit
Green Bean	Green Pea	Green Tea
Guava	Hazelnut	Hemp Seed
Honey	Jackfruit	Kidney Bean
Kiwi	Lemon	Lobster
Macadamia Nut	Meat Glue	Mozzarella Cheese
Navy Bean	Octopus	Olive (Green)
Onion	Pinto Bean	Plum
Pomegranate	Portabella Mushroom	Potato
Pumpkin	Radish	Raspberry
Rye	Sardine	Scallop
Seaweed Kombu Kelp	Seaweed Nori	Seaweed Wakame
Sheep's Yogurt	Shitake Mushroom	Soybean
Strawberry	Teff	Tofu
Wheat Gluten	Whole Wheat	

Moderate

Cow's Milk	Sesame Seed
------------	-------------

Low

Artichoke	Asparagus	Avocado
Brussel Sprout	Burdock Root	Carrot
Casein	Cauliflower	Celery
Duck	Lychee	Mango
Orange	Oyster	Pacific Mackerel (Saba)
Pacific Saury	Peanut	Pear
Pecan	Pistachio	Pumpkin Seed
Red Snapper	Salmon	Sunflower Seed
Turkey	Walnut	Whey



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Date of Birth: Apr 10, 2005
Gender: M

Practitioner: NO PHYSICIAN
Date of Collection: Dec 1, 2022
Time of Collection: Not Given
Report Date: Jun 1, 2023

Reactivity Details

Dairy

Antigen Name	Analyte	Scale	Value *	Not Significant
Beta-Lactoglobulin	IgG	High	50.00	< 4.47
Casein	IgG	Low	20.00	< 13.72
Cheddar Cheese	IgG	High	100.00	< 9.14
Cow's Milk	IgG	Moderate	20.00	< 8.86
Goat's Milk	IgG	High	109.00	< 6.13
Mozzarella Cheese	IgG	High	40.00	< 9.91
Sheep's Yogurt	IgG	High	22.00	< 3.79
Whey	IgG	Low	9.00	< 4.53
Yogurt	IgG	Not Significant	5.00	< 9.25

Beans and Peas

Antigen Name	Analyte	Scale	Value *	Not Significant
Adzuki Bean	IgG	High	50.00	< 4.47
Black Bean	IgG	High	250.00	< 4.47
Garbanzo Bean	IgG	High	30.00	< 4.47
Green Bean	IgG	High	30.00	< 4.47
Green Pea	IgG	High	22.00	< 4.47
Kidney Bean	IgG	High	220.00	< 4.47
Lentil	IgG	Not Significant	0.00	< 4.47
Lima Bean	IgG	Not Significant	0.00	< 4.47
Mung Bean	IgG	Not Significant	0.00	< 4.47
Navy Bean	IgG	High	22.00	< 4.47
Pinto Bean	IgG	High	22.00	< 4.47
Soybean	IgG	High	22.00	< 4.47
Tofu	IgG	High	22.00	< 4.47

Fruits

Antigen Name	Analyte	Scale	Value *	Not Significant
Acai Berry	IgG	High	50.00	< 4.47
Apple	IgG	High	50.00	< 4.47
Apricot	IgG	High	50.00	< 4.47
Banana	IgG	High	50.00	< 4.47
Blueberry	IgG	High	44.00	< 4.47
Cantaloupe	IgG	High	220.00	< 4.47
Cherry	IgG	High	100.00	< 4.47
Coconut	IgG	Not Significant	1.00	< 4.47
Cranberry	IgG	Not Significant	1.00	< 4.47
Date	IgG	Not Significant	1.00	< 4.47
Fig	IgG	High	100.00	< 4.47
Grape	IgG	High	200.00	< 4.47
Grapefruit	IgG	High	300.00	< 4.47
Guava	IgG	High	49.00	< 4.47
Jackfruit	IgG	High	59.00	< 4.47
Kiwi	IgG	High	600.00	< 4.47
Lemon	IgG	High	700.00	< 4.47
Lychee	IgG	Low	8.00	< 4.47
Mango	IgG	Low	8.00	< 4.47
Orange	IgG	Low	5.00	< 4.47
Papaya	IgG	Not Significant	0.00	< 4.47
Passion Fruit	IgG	Not Significant	0.00	< 4.47
Peach	IgG	Not Significant	0.00	< 4.47
Pear	IgG	Low	5.00	< 4.47
Pineapple	IgG	Not Significant	5.00	< 7.19
Plum	IgG	High	100.00	< 4.47
Pomegranate	IgG	High	100.00	< 4.47
Raspberry	IgG	High	100.00	< 4.47
Strawberry	IgG	High	190.00	< 4.47
Watermelon	IgG	Not Significant	1.00	< 4.47

* MFI x 1000

Grains

Antigen Name	Analyte	Scale	Value *	Not Significant
Amaranth	IgG	Not Significant	1.00	< 4.47
Barley	IgG	Not Significant	1.00	< 4.47
Buckwheat	IgG	Not Significant	1.00	< 4.47
Corn	IgG	Not Significant	1.00	< 4.47
Gliadin	IgG	Not Significant	1.00	< 3.83
Malt	IgG	Not Significant	1.00	< 4.47
Millet	IgG	Not Significant	1.00	< 4.47
Oat	IgG	Not Significant	1.00	< 4.47
Quinoa	IgG	Not Significant	1.00	< 4.47
Rice	IgG	Not Significant	1.00	< 4.47
Rye	IgG	High	100.00	< 2.29
Sorghum	IgG	Not Significant	1.00	< 4.47
Teff	IgG	High	22.00	< 4.47
Wheat Gluten	IgG	High	23.00	< 2.91
Whole Wheat	IgG	High	23.00	< 3.63

Fish/Seafood

Antigen Name	Analyte	Scale	Value *	Not Significant
Abalone	IgG	Not Significant	1.00	< 4.47
Anchovy	IgG	Not Significant	1.00	< 4.47
Bass	IgG	Not Significant	1.00	< 4.47
Bonito	IgG	Not Significant	1.00	< 4.47
Codfish	IgG	Not Significant	0.00	< 4.47
Crab	IgG	Not Significant	0.00	< 4.47
Halibut	IgG	Not Significant	0.00	< 4.47
Jack Mackerel	IgG	Not Significant	0.00	< 4.47
Lobster	IgG	High	78.00	< 4.47
Octopus	IgG	High	77.00	< 4.47
Oyster	IgG	Low	7.00	< 4.47
Pacific Mackerel (Sa	IgG	Low	7.00	< 4.47
Pacific Saury	IgG	Low	7.00	< 4.47
Perch	IgG	Not Significant	4.00	< 4.47
Red Snapper	IgG	Low	5.00	< 4.47
Salmon	IgG	Low	7.00	< 4.47
Sardine	IgG	High	22.00	< 4.47
Scallop	IgG	High	444.00	< 4.47
Shrimp	IgG	Not Significant	4.00	< 4.47
Small Clam	IgG	Not Significant	4.00	< 4.47
Squid	IgG	Not Significant	4.00	< 4.47
Tilapia	IgG	Not Significant	4.00	< 4.47
Trout	IgG	Not Significant	4.00	< 4.47
Tuna	IgG	Not Significant	4.00	< 4.47

* *MFI* x 1000

Meat/Fowl

Antigen Name	Analyte	Scale	Value *	Not Significant
Beef	IgG	Not Significant	4.00	< 4.47
Chicken	IgG	Not Significant	2.00	< 4.47
Duck	IgG	Low	6.00	< 4.47
Egg White	IgG	Not Significant	3.00	< 5.72
Egg Yolk	IgG	High	62.00	< 4.47
Goose	IgG	High	333.00	< 4.47
Lamb	IgG	Not Significant	4.00	< 4.47
Pork	IgG	Not Significant	2.00	< 4.47
Turkey	IgG	Low	5.00	< 4.47

Nuts/Seeds

Antigen Name	Analyte	Scale	Value *	Not Significant
Almond	IgG	Not Significant	1.00	< 1.84
Brazil Nut	IgG	Not Significant	1.00	< 4.47
Cashew	IgG	Not Significant	1.00	< 4.47
Chestnut	IgG	Not Significant	1.00	< 4.47
Chia Seed	IgG	Not Significant	1.00	< 4.47
Flax Seed	IgG	Not Significant	1.00	< 4.47
Hazelnut	IgG	High	22.00	< 4.47
Hemp Seed	IgG	High	222.00	< 4.47
Macadamia Nut	IgG	High	34.00	< 4.47
Peanut	IgG	Low	5.00	< 4.73
Pecan	IgG	Low	5.00	< 4.47
Pine Nut	IgG	Not Significant	0.00	< 4.47
Pistachio	IgG	Low	5.00	< 4.47
Pumpkin Seed	IgG	Low	5.00	< 4.47
Sesame Seed	IgG	Moderate	5.00	< 2.59
Sunflower Seed	IgG	Low	5.00	< 4.47
Walnut	IgG	Low	5.00	< 4.47

Vegetables

Antigen Name	Analyte	Scale	Value *	Not Significant
Artichoke	IgG	Low	5.00	< 4.47
Asparagus	IgG	Low	5.00	< 4.47
Avocado	IgG	Low	5.00	< 4.47
Bamboo Shoot	IgG	High	56.00	< 4.47
Bean Sprout	IgG	High	77.00	< 4.47
Beet	IgG	High	88.00	< 4.47
Bell Pepper	IgG	High	99.00	< 4.47
Bitter Gourd	IgG	Not Significant	4.00	< 4.47
Broccoli	IgG	High	345.00	< 4.47
Brussel Sprout	IgG	Low	5.00	< 4.47
Burdock Root	IgG	Low	7.00	< 4.47

Cabbage	IgG	High	67.00	< 4.47
Vegetables(Cont..)				
Antigen Name	Analyte	Scale	Value *	Not Significant
Carrot	IgG	Low	6.00	< 4.47
Cauliflower	IgG	Low	6.00	< 4.47
Celery	IgG	Low	6.00	< 4.47
Chili Pepper	IgG	Not Significant	3.00	< 4.47
Cucumber	IgG	Not Significant	2.00	< 4.47
Eggplant	IgG	Not Significant	2.00	< 4.47
Enoki Mushroom	IgG	Not Significant	1.00	< 4.47
Garlic	IgG	Not Significant	1.00	< 4.47
Kale	IgG	Not Significant	1.00	< 4.47
Leek	IgG	Not Significant	1.00	< 4.47
Lettuce	IgG	Not Significant	1.00	< 4.47
Lotus Root	IgG	Not Significant	0.00	< 4.47
Napa Cabbage	IgG	Not Significant	0.00	< 4.47
Olive (Green)	IgG	High	50.00	< 4.47
Onion	IgG	High	49.00	< 4.47
Portabella Mushroom	IgG	High	49.00	< 4.47
Potato	IgG	High	50.00	< 4.47
Pumpkin	IgG	High	50.00	< 4.47
Radish	IgG	High	50.00	< 4.47
Seaweed Kombu Ke	IgG	High	50.00	< 4.47
Seaweed Nori	IgG	High	50.00	< 4.47
Seaweed Wakame	IgG	High	499.00	< 4.47
Shitake Mushroom	IgG	High	400.00	< 4.47
Spinach	IgG	Not Significant	0.00	< 4.47
Sweet Potato	IgG	Not Significant	0.00	< 4.47
Tomato	IgG	Not Significant	0.00	< 4.47
Yam	IgG	Not Significant	0.00	< 4.47
Yellow Squash	IgG	Not Significant	0.00	< 4.47
Yuca	IgG	Not Significant	0.00	< 4.47
Zucchini	IgG	Not Significant	0.00	< 4.47

Herbs/Spices

Antigen Name	Analyte	Scale	Value *	Not Significant
Basil	IgG	High	499.00	< 4.47
Bay Leaf	IgG	High	400.00	< 4.47
Black Pepper	IgG	Not Significant	4.00	< 4.47
Cayenne Pepper	IgG	Not Significant	0.00	< 4.47
Cilantro	IgG	Not Significant	0.00	< 4.47
Cinnamon	IgG	Not Significant	0.00	< 4.47
Cloves	IgG	Not Significant	0.00	< 4.47
Cumin	IgG	Not Significant	0.00	< 4.47
Curry	IgG	Not Significant	0.00	< 4.47
Dill	IgG	Not Significant	0.00	< 4.47
Ginger	IgG	Not Significant	0.00	< 4.47
Hops	IgG	Not Significant	0.00	< 4.47
Mint	IgG	Not Significant	0.00	< 4.47
Miso	IgG	Not Significant	0.00	< 2.39
Mustard Seed	IgG	Not Significant	0.00	< 4.47
Oregano	IgG	Not Significant	0.00	< 4.47
Paprika	IgG	Not Significant	0.00	< 4.47
Rosemary	IgG	Not Significant	4.00	< 4.47
Sage	IgG	Not Significant	4.00	< 4.47
Tarragon	IgG	Not Significant	4.00	< 4.47
Thyme	IgG	Not Significant	1.00	< 4.47
Turmeric	IgG	Not Significant	1.00	< 4.47
Vanilla Bean	IgG	Not Significant	0.00	< 2.03

Miscellaneous

Antigen Name	Analyte	Scale	Value *	Not Significant
Bromelain	IgG	High	50.00	< 2.71
Cane Sugar	IgG	High	49.00	< 4.47
Cocoa Bean	IgG	High	49.00	< 4.47
Coffee	IgG	High	49.00	< 4.47
Green Tea	IgG	High	49.00	< 4.47
Honey	IgG	High	49.00	< 4.47
Meat Glue	IgG	High	575.00	< 4.47
Oolong Tea	IgG	Not Significant	4.00	< 4.47

* MFI x 1000

Comments

IgG Food MAP uses food-derived antigens to assess IgG immune reactivity to each of 190 foods:

A patient's serum or dry blood spot sample is introduced to a protein extract from each of the 190 foods. The test report indicates the level of IgG antibodies to those specific food proteins. If food-specific binding occurs between a food antigen and the patient's IgG antibodies, the result will appear on the graph as low, moderate, or high in relation to a reactivity scale.

Using IgG Food MAP results to build elimination or exclusion diets:

Symptomatic reactions to IgG-reactive foods are difficult to connect with specific foods. A diet eliminating some or all reactive foods may improve symptoms and is not as challenging as a full elimination or elemental diet. As reactive foods are removed from the diet, it is useful to observe any changes in digestion, skin condition, energy level, mood, or pain level.

The IgG Food MAP Test includes two separate reports: the IgG Food MAP report (190 foods) and the IgG Yeast Allergy report (Candida albicans and Saccharomyces cerevisiae yeast).

Because yeasts' primary antigens are rich in glycans, and not suited for the protein-specific assay, they are tested by an ELISA method and results are provided **in a separate report**, which may occasionally be delivered or available in the portal on a different date.

For additional information and references on IgG and dietary intervention, please visit www.greatplainslaboratory.com, Select A Test – IgG



Congratulations, Report

The IgG test was an important step in improving your health. A Food Rotation Diet based on your results may further improve your symptoms.

The Great Plains Laboratory, LLC.

FOOD ROTATION DIET BASED ON IGG RESULTS

The following personalized rotation diet is presented as an example of this approach to symptom reduction based on your IgG results.

Foods that showed elevated IgG levels on your test (those in the moderate or high categories) have been removed from rotation. Your rotation diet is constructed from the foods that tested in the clinically insignificant or low categories on your results. Foods were grouped by food families, such as the cabbage family or the fish family, as related organisms are more likely to share similar proteins with similar immune reactivity.

Rotation diets are a recommended method for reducing negative responses to foods:

In general, eating from different food families distributed over several days reduces overall inflammation and toxic load, as well as lessening the chance of developing additional food sensitivities. Consult your health practitioner for advice on how long to follow your rotation diet and when to reintroduce foods as a challenge. Many individuals require at least a year or more of food elimination and rotation for IgG levels to return to normal. Continuing to eat a variety of whole foods is a healthy lifestyle choice.

Rotation diets may reduce overall food reactivity:

Eating similar foods every day is an easy pattern to adopt for busy lives, however, this behavior may increase food reactivity. Rotating foods decreases the burden on the immune system and possibly reduces overall toxin load, while providing adequate nutrition and variety. Food cravings may lessen and awareness of responses to specific foods may be heightened. Rotating foods may also “unmask” hidden food sensitivities, especially if a detailed food and symptom daily record is maintained.

Please note that the rotation diet is based only on IgG testing:

Testing for IgE antibodies to food allergens should be considered PRIOR TO BEGINNING A ROTATION DIET, even if histamine reactions are not symptomatically evident. The most common IgE reactions are to dairy, eggs, peanuts, or seafood. IgE allergies are most common in childhood, and often are outgrown by adulthood.

For additional information and references on IgG and dietary intervention, please visit www.greatplainslaboratory.com. Select A Test – IgG



Four Day Rotation Diet – Customized for Report Sample

Day 1	Day 2	Day 3	Day 4
Dairy			
Yogurt	Whey		
Beans and Peas			
	Mung Bean	Lentil Lima Bean	
Fruits			
Date Lychee Passion Fruit Pear	Orange Watermelon	Cranberry Peach	Coconut Mango Papaya Pineapple
Grains			
Millet Sorghum	Amaranth Buckwheat Oat Quinoa	Corn	Barley Malt Rice

Fish/Seafood

Anchovy Codfish Halibut	Abalone Crab Jack Mackerel Oyster Shrimp Small Clam Squid Tilapia	Perch Red Snapper Salmon Trout	Bass Bonito Pacific Mackerel (Saba) Pacific Saury Tuna
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Meat/Fowl

Beef Lamb	Chicken Duck Turkey	Egg White	Pork
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Nuts/Seeds

Almond Flax Seed Pine Nut	Chestnut Pecan Sunflower Seed Walnut	Cashew Chia Seed	Brazil Nut Peanut Pistachio Pumpkin Seed
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Vegetables

Brussel Sprout Cauliflower Kale Napa Cabbage Sweet Potato Yam	Artichoke Bitter Gourd Burdock Root Cucumber Spinach Yellow Squash Zucchini	Asparagus Avocado Chili Pepper Eggplant Garlic Leek Tomato	Carrot Celery Enoki Mushroom Lettuce Lotus Root
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Herbs/Spices

Cinnamon
Cloves
Mustard Seed
Tarragon

Black Pepper
Cayenne Pepper
Ginger
Miso
Paprika
Turmeric

Mint
Oregano
Rosemary
Sage
Thyme

Cilantro
Cumin
Curry
Dill
Hops
Vanilla Bean

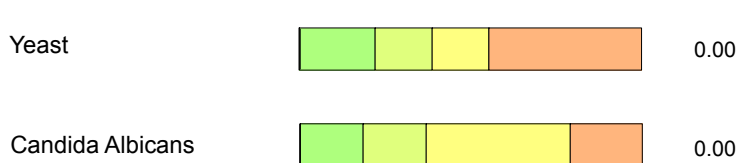
Miscellaneous

Miscellaneous foods are not rotated. Remove foods with a moderate or high antibody response.

Requisition #: 9900001
Patient Name: Report Sample
Date of Birth: Apr 10, 2005
Gender: M

Practitioner: NO PHYSICIAN
Date of Collection: Dec 1, 2022
Time of Collection: Not Given
Print Date: Mar 21, 2023
Report Date: December 01, 2021

IgG Yeasts Allergy Test (2) DBS



Reactivity Summary

Not Significant	1.00 - 1.99
Low	2.00 - 3.49
Moderate	3.50 - 4.99
High	>= 5.00
Yeast Saccharomyces Cerevisiae Scale	

Not Significant	<= 3.49
Low	3.50 - 6.99
Moderate	7.00 - 14.99
High	>= 15.00
Candida Scale	

The Candida albicans scale accounts for the observation that background levels of Candida-specific immunoglobulins are normally present in virtually all individuals tested. It is intended to provide a clearer description of its clinical significance and was established according to population percentile ranks obtained from a random subset of 1,000 patients.

Testing performed by The Great Plains Laboratory, LLC., Overland Park, Kansas. This test has not been evaluated by the U.S. Food and Drug Administration.

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Gender:	M	Print Date:	Mar 21, 2023
		Report Date:	December 01, 2021

IgG Yeasts Allergy Test (2) DBS

Comments

High levels of IgG antibodies to Candida, a genus of yeast:

A separate test for IgG antibody to Candida (serum and DBS) is included because of Candida's importance to overall health. IgG antibodies to Candida may be due to current or past infection or intestinal overgrowth. An elevated Candida IgG indicates the immune system has interacted with Candida. Although Candida and related fungal species are normal constituents of GI flora, use of antibiotics, oral contraceptives, chemotherapy, or anti-inflammatory steroids increases the possibility of fungal overgrowth and imbalance of GI flora. Dietary improvements and/or antifungal therapy may lower Candida antibodies and reduce symptoms.

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