

Glyphosate Test – Water

Test Kit Contents

Start by identifying these eight elements of your test kit.

Test Kit Box	Test Requisition Form
Collection Cup	Clear biohazard zip-lock bag
Ice Pack	Absorbent packing sheet
Silver thermo bag	Shipping Laboratory Pak

Preparing for Your Test

- **Please read all of the instructions carefully.**
- **Place ice pack flat in your freezer**, so it will be ready to ship with your specimen.
- **Locate and complete the barcode sheet in your test kit.** Place one barcode sticker on each collection sample. Be sure that the information is legible and includes the collection date, time, and that the name matches what was provided on the test order.
- **Determine which faucet that will serve as your source of water sample** (preferably where you get your drinking water).

For shipments within the United States:

Collect your sample on a **Monday – Thursday** is important so that the specimen can get to our lab before the weekend.

For shipments outside of the United States:

Collect and ship your sample on a **Monday or Tuesday**.

Let's Get Started

1. Before water collection, remove the cap from the collection cup and carefully lay the cap down with the inside facing up on a clean dry surface. Try not to touch the inside of the cup or cap. Do not let the inside of the cap contact any surface.
2. Turn the faucet on and let the water run for 30 seconds.
3. Move the container into the water stream to collect the sample.
4. Fill the container $\frac{3}{4}$ full. **DO NOT** fill more than this.
5. After sample collection, screw the lid on tightly.
6. Freeze water specimen for a minimum of 4 hours before shipping. Keep in freezer until ready to ship.

Preparing the Sample to Ship

1. Ensure the barcode label on each collection tube has been completed and matches the test order (or Test Requisition Form).
2. Obtain the frozen collection cup, frozen ice pack, and any vials for other collections from the freezer and check caps for tightness.
3. Place all frozen specimens and absorbent packing sheet into the biohazard zip-lock bag and seal.
4. Place the sealed biohazard zip-lock bag into the silver thermo bag along with the frozen ice pack and seal.
5. Place the filled silver thermo bag into the Test Kit Box. If using the Test Requisition Form, also place in box. Close the lid.
6. Locate the shipping instruction card included in your test kit for details on how to ship your collection(s).

! Ensure all samples are labeled. Unlabeled samples will be rejected.

What's Next?

Your test results will be delivered to your doctor or health advisor generally within two weeks after being received at Mosaic Diagnostics labs.

It will be up to your doctor or health advisor to review the results with you, identify any areas of interest or concern, and work with you to lay out the appropriate next steps.

Any Questions?

If you have questions about any aspect of the specimen collection or shipping process, please feel free to contact us:

Phone | Our friendly customer service team is available Monday through Friday
8am – 5pm CST at 800-288-0383

Email | CustomerService@MosaicDX.com

For questions about test outcomes or their implications for your health, please speak with your doctor or health and wellness advisor. Mosaic Diagnostics personnel cannot discuss test results directly with test patients or their family members.