



MOSAIC™
DIAGNOSTICS
Formerly Great Plains Laboratory

Gathering Clues and Uncovering Insights

Companion to the
Urine Collection Kit

Kryptopyrrole Test



Additional Test Kit Component

Your practitioner has ordered a test that requires an additional tube. Refer to the Urine Collection Kit for instructions which complement the tube in this kit.



Amber Tube (tube contains 500 mg ascorbic acid)

Before Taking the Kryptopyrrole Test

- **Important:** Do not discontinue any medications or supplements without first consulting your healthcare practitioner.
- **If this is your first time testing for pyrroles,** discontinue taking any B6 or Zinc one week prior to collecting specimen.
- **If currently under treatment for pyrroluria,** continue taking vitamin B6 and Zinc.

Let's Get Started

1

Collect urine sample as indicated in the Urine Collection Kit instructions.

2

Locate the Amber Tube with ascorbic acid additive and fill 3/4 full by pouring urine from the collection cup. Make sure to retain urine in collection cup for any other collections.

3

Put cap snugly on Tube to ensure a good seal. Invert vial at least 10 times to thoroughly mix the sample with the ascorbic acid in the tube.

4

Ensure each sample has the completed barcode sticker.



5

Place the Tube immediately in your freezer for at least four hours or until frozen (30 days maximum). Check the box on the barcode label to indicate that sample has been frozen.



6

The Tube in this collection will need to ship with the frozen gel pack.



7

See the main Urine Collection Instructions for how to package all urine samples (page 11).



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Ensure all samples are labeled.
Unlabeled samples will be rejected.