



Collection Instructions: Microbiology Test GI360™ Microbiome Profile

Your practitioner requested that you perform this test because a stool sample remains the most efficient and thorough method for assessing your GI microbiome as well as evaluating overall gut health and inflammation markers. Mosaic Diagnostics is here to help you take this next step.

Test Kit Contents

Start by identifying these elements of your test kit.

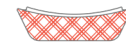
If you are missing or have expired components contact Mosaic Customer Service at 800-288-0383.



Test kit box



Disposable gloves



1 Collection tray



Clear biohazard zip-lock bag



Shipping laboratory pak



Yellow-top vial
Check vial for expiration date



Absorbent packing sheet

Precaution: Keep the kit contents out of the reach of children and pets. Do not spill preservative fluid in the vial(s) and avoid contact with skin or eyes. For eye contact flush with water thoroughly for 15 minutes. For skin contact wash thoroughly with soap and water. For accidental ingestion contact poison control immediately. www.mosaicdx.com/sds

For online instructions
use the QR code or visit
mosaicdx.com/instructions



Before You Start:

If You Require a Laxative

If you have difficulty producing a stool sample you may use an oral phosphate soda, magnesium citrate, or psyllium fiber-based laxative 24 hours prior to your planned collection time. Enemas may be given using distilled water only. Do not use suppositories or mineral oil.

DISCONTINUE THE FOLLOWING

2 weeks before test	Antibiotics, antiparasitics, antifungals, or probiotic supplements, proton pump inhibitors (PPIs) and Bismuth
2 days before test	Aspirin and other NSAIDs, digestive enzymes, laxatives (particularly mineral oil, castor oil, and glycerin enemas/suppositories), activated charcoal, betaine HCl, antacids and bentonite clay



Let's Get Started

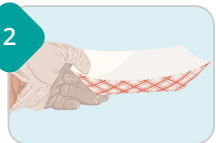
1



Complete the information on the barcode sticker AND the vial by writing the patient name, date of birth, and collection date. Place the barcode sticker on the vial, ensuring information written on the vial is visible. Use blue or black ink from a ball-point pen – do not use felt-tipped pens or dry-erase markers.

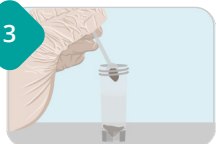
Note: Unlabeled samples will be rejected.

2



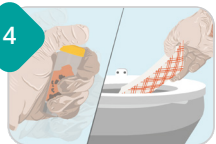
Put on a glove and gather your specimen in the collection tray. Do not allow urine or water to touch sample.

3



Add bits of your specimen to the yellow-top vial using the spoon attached to the lid, taking pieces from different parts of the specimen until the combined sample and preservative reach the **fill line**.

4



Seal the vial and shake vigorously for about 30 seconds. Place in the refrigerator until ready to ship. **Dispose of remaining specimen and collection materials.** Do not flush the tray.

Any Questions?

If you have questions about any aspect of the specimen collection or shipping process, please feel free to contact us:



Phone | our friendly customer service team is available Monday through Friday 8am-5pm CST at 800-288-0383



Email | CustomerService@MosaicDX.com

Preparing the Package

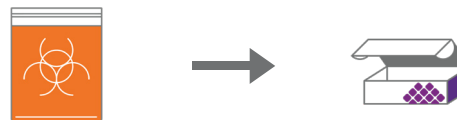
1

Ensure the vial is labeled and tightly sealed. Place the yellow-top vial into the biohazard zip-lock bag. Add the absorbent packing sheet, and seal using the ziplock feature.



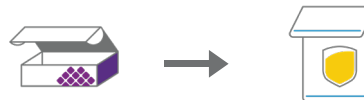
2

Place the sealed biohazard zip-lock back into the test kit box and close the lid.



3

Place the test kit box in the shipping laboratory pak.



Locate the shipping instruction card for details on how to ship.

Samples must be shipped on a **Monday, Tuesday, or Wednesday** (*outside the US, Monday or Tuesday*). If you collect on the weekend, hold until Monday to ship.

Your test results will be delivered to your healthcare practitioner within 2-3 weeks after the sample(s) being received at Mosaic Diagnostics.

It will be up to your healthcare practitioner to review the results with you, identify any areas of interest or concern, and work with you to lay out the appropriate next steps. Mosaic Diagnostics personnel cannot discuss test results directly with patients or their family members.